

HALE Pilates Method

Client Agreement and Waiver of Liability

I, the undersigned participant, understand that classes at HALE Pilates Method may be physically strenuous and I voluntarily participate in them with full knowledge that there is risk of personal injury. I declare myself to be physically sound and suffering from no condition or impairment that would prevent my safe participation in the physical activities at HALE Pilates Method studio. I hereby release HALE Pilates Method LLC from any liability and I agree that neither I, my heirs, assigns or legal representatives will sue or make any other claims of any kind whatsoever against HALE Pilates Method, its instructors or its members or heirs, for any personal injury, property damage/loss, or wrongful death, whether caused by negligence or otherwise.

I understand the equipment can be dangerous if used improperly and I will follow the strict instructions given by my instructor with respect to use of the equipment.

I hereby acknowledge that an instructor may need to make physical contact with me in order to correct my exercise technique or otherwise provide instruction. I acknowledge and accept that such contact is intended to be professional and I consent to such physical contact. If, at any time, I am uncomfortable with an instructor's physical contact, I agree to express my preference to forego the instructional benefit of such contact in confidence with the instructor or the studio owner.

I understand that all personal property brought to HALE Pilates Method is brought at my own risk as to its theft, damage or loss.

I, the undersigned participant, expressly agree that the terms of release indemnity contained herein are intended to be as broad and inclusive as is permitted by the laws of California.

I further agree to the policies stated below:

- A 24-hour cancellation notice is required to avoid charge for a private session
- A 12-hour cancellation notice is required to avoid charge for a group class
- Tread socks are mandatory for all Pilates classes
- All appointments must be pre-paid and confirmed through our online booking system accessible via the HALE Pilates Method website, www.halepilates.com
- Purchases are non-refundable
- Instructor and schedules are subject to change without notice
- I will notify instructors immediately of any pain and/or major discomfort felt during any activity
- Children and pets are not permitted at the studio
- Clients are responsible for wiping down their equipment, after group classes, with materials provided by the studio

I have carefully read, understand and voluntarily sign this Document and acknowledge that it shall be effective and binding upon myself and my family and my heirs, executors, representatives and estate.

Participant Signature

Print Participant Name

Date

Parent(s) or Guardian(s) must sign below for any participating minor (those under 18 years of age) and agree that they are subject to all the terms of this document, as set forth above.

Parent or Guardian Signature

Parent or Guardian Print Name

Date